# **COVID-19 Protocols and Advice**

### How does COVID-19 spread from person-to-person?



Direct close contact with an infectious person, or in the 24 hours before their symptoms appeared



Close contact with an infected person who coughs or sneezes (1.5m)



Touching objects or surfaces (such as door handles or tables) contaminated from a cough or sneeze from an infected person, and then touching your mouth or face

Source: health.gov.au

# Summary of COVID-19 Protocols

# Reduce the risk of contacting contaminated surfaces:

- Stay home if you are/suspect you are ill
- Practice good hand hygiene
- Clean surfaces with wipes that are at least 60% alcohol when vacating an area

## Reduce the risk to vulnerable members of our community:

• Minimise or do not visits to aged care homes and preschools/aged care, doctors surgery and hospitals except where necesary

### Reduce risk associated with accessing businesses properties and homes:

- Confirm their status regarding isolation and quarantine before entry
- Do not enter properties if isolation or confirmed cases of corona virus are present
- Maintain social distancing
- Open all doors using gloves or arms in order to provide a clear path between the entrance and room you are going minimal contact with door handles

# Details in remainder of pack

Version 2.1



#### **Available Resources**

Australian & Tasmanian Government web site link:

https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert/government-response-to-the-covid-19outbreak

https://www.dhhs.tas.gov.au/publichealth/communicable\_diseases\_prevention\_unit/infectious\_diseases/coronavirus

19/6/20

# What do I need before entering a house that is quarantined or isolated?



**Soap and Water**: Wash your hands before and after you enter the site. Soap and water is the most effective for cleaning your hands.

**Wipes with 60% alcohol**: Use to wipe the board before you touch it. Worldwide demand makes a continuous supply challenging to get so be thorough without being wasteful.

**Gloves**: Wear your HV/LV gloves (image an example only) as per normal when testing at the board. Wipe your gloves with the wipes at the end of the job Reducing the number of interactions we have with each other and the community

Reduce the need for visits to other Lodges to a minimum.

Only visit other Lodges where necesary

Reduce the number of close interactions with each other and keep social distancing

> Clean down areas by wiping down

> > Follow tables below

# What is the process for testing where the board is outside the premises and there are no cases of COVID 19 or isolation or quarantine in place?

Step	What to do
1.	Resident opens all gates and doors
2.	Visitor to maintain social distancing at all times
3.	Wash hands before entering
4.	Put on gloves before entering property
5.	Don't touch anything – minimise the need to touch anything
6.	Take all necessary precautions
7.	Wash hands after exiting

If you ever think there is something unsafe, stop and reasses. Always looking to improve your controls – Please provide feedback to BLC with any new ideas or issues

#### If someone askes why you are taking these extra steps!

- This is because we want to ensure we minimise the risk of transmitting COVID-19 between Lodges while moving between them.
- Encourage members of Lodges and the public to visit reputable websites including the Tasmanian health website for relevant and higher quality information if they are unsure or concerned